

# Womens Goddess Retreat Book List



There are many great books about taking a retreat of your own, or for taking on retreat with you. Here are some of our favorites. They have been grouped into categories but many of them belong in more than one section.

## **Books About Women's Retreats and Circles**

A Retreat of My Own by Karen Ely  
A Weekend to Change Your Life by Joan Anderson  
Breathing Space: Mini-retreats for the Heart and Soul by Karen Ely  
Circle of Stones by Judith Duerk  
I Sit Listening to the Wind by Judith Duerk  
The Woman's Retreat Book by Jennifer Louden  
20-Minute Retreats by Dr. Rachel Harris  
Sacred Circles by Robin Deen Carnes & Sally Craig  
Calling the Circle by Christina Baldwin  
The Millionth Circle by Jean Shinoda Bolen  
Girl Group Confidential by Jennifer Worick

## **Books to Take on a Women's Retreat for Inspiration**

A Year by the Sea: Thoughts of an Unfinished Woman by Joan Anderson  
Becoming Fully Human by Joan Chittister  
Broken Open: How Difficult Times Can Help Us Grow by Elizabeth Lesser  
Daring to Dream: Reflections on the Year I Found Myself by Karen Ely  
Deep Water Passage by Ann Linnea  
Drinking the Rain by Alix Kates Shulman  
Eat, Pray, Love by Elizabeth Gilbert  
Floor Sample by Julia Cameron  
Gift from the Sea by Anne Morrow Lindbergh  
I Will Not Die an Unlived Life by Dawna Markova  
I Know Why the Caged Bird Sings by Maya Angelou  
Imagine a Woman in Love with Herself by Patricia Lynn Reilly  
Journal of a Solitude by May Sarton  
Kitchen Table Wisdom by Rachel Naomi Remen  
Let's Take the Long Way Home: A Memoir of Friendship by Gail Caldwell  
Long, Quiet Highway by Natalie Goldberg  
Mountains Beyond Mountains by Tracy Kidder  
My Grandfather's Blessings by Rachel Naomi Remen  
Out of Africa by Isak Dinesen  
Pilgrim at Tinker Creek by Annie Dillard  
Refuge by Terry Tempest Williams  
Seasons of Change by Carol L. McClelland  
Spot of Grace by Dawna Markova  
Succulent Wild Woman by SARK  
The Circle Of Life by Joyce Rupp & Macrina Wiederkehr  
The Color Purple by Alice Walker  
The Road from Coorain by Jill Ker Conway  
The Woman at Otowi Crossing by Frank Waters  
Three Cups of Tea by Greg Mortenson  
West with the Night by Beryl Markham  
Women Who Run with the Wolves by Clarissa Pinkola Estes  
Your Truest Self: Embracing the Woman You Are Meant to Be by Janice Lynne Lundy



## **Books to Take on a Women's Retreat to Awaken the Spirit**

A New Earth by Eckhart Tolle  
A Woman's Journey to God: Finding the Feminine Path by Joan Borysenko  
Be Here Now by Ram Dass  
Breathing Space: Mini-retreats For the Heart and Soul by Karen Ely  
Crossing to Avalon: A Woman's Midlife Quest for the Sacred Feminine by Jean Shinoda Bolen  
Dark Nights of the Soul by Thomas Moore  
Don't Just Do Something, Sit There by Sylvia Boorstein  
Enduring Lives: Portraits of Women and Faith in Action by Carol Lee Flinders  
Everyday Zen by Charlotte Joko Beck  
Expecting Adam: A True Story of Birth, Rebirth and Everyday Magic by Martha Beck  
Faith: Trusting Your Own Deepest Experience by Sharon Salzberg  
Goddesses in Everywoman by Jean Shinoda Bolen  
Grace (Eventually): Thoughts on Faith by Anne Lamott  
Growing Old Disgracefully by The Hen Co-op  
Peace is Every Step by Thich Nhat Hanh  
Reflections on the Art of Living: A Joseph Campbell Companion by Diane Osbon  
Slow Love by Dominique Browning  
The Buddhist Path to Simplicity by Christina Feldman  
The Dance of the Dissident Daughter by Sue Monk Kidd  
The Heroine's Journey by Maureen Murdock  
The Invitation by Oriah Mountain Dreamer  
The Seeker's Guide: Making Your Life a Spiritual Adventure by Elizabeth Lesser  
The Seven Spiritual Laws of Success by Deepak Chopra  
The Tao of Leadership: Lao Tsu's Tao Te Ching Adapted for a New Age by John Heider  
The Tibetan Book of Living and Dying by Sogyal Rinpoche  
The Way of Woman by Helen M. Luke & Marion Woodman  
Traveling Mercies: Some Thoughts on Faith by Anne Lamott  
Way of the Peaceful Warrior by Dan Millman  
When Things Fall Apart: Heart Advice for Difficult Times by Pema Chodron  
Wherever You Go There You Are by Jon Kabat-Zinn

## **Books to Take on a Women's Retreat to Awaken Creativity**

A Room of One's Own by Virginia Woolf  
Bird by Bird: Some Instructions on Writing and Life by Anne Lamott  
For Writers Only by Sophy Burnham  
Life's Companion: Journal Writing as a Spiritual Practice by Christina Baldwin  
My Reading Life by Pat Conroy  
One Continuous Mistake: Four Noble Truths for Writers by Gail Sher  
The Right to Write by Julia Cameron  
Three Dog Life by Abigail Thomas  
Unreliable Truth: On Memoir and Memory by Maureen Murdock  
Walking in this World by Julia Cameron  
Wild Mind: Living the Writer's Life by Natalie Goldberg  
Writing as a Way of Healing by Louse DeSalvo  
Writing Down the Bones: Freeing the Writer Within by Natalie Goldberg  
Writing for Your Life by Deena Metzger