

Women's Goddess Retreat

Suggested Packing List

Plan for all kinds of weather: hot, wet, and chilly!

Shelter

- ┌ tent or other shelter*
- ┌ rain fly or tarp for tent*
- ┌ ropes, poles, stakes for tent*
- ┌ sledgehammer or mallet
- ┌ shovel
- ┌ floor cloth or plastic tarp
- ┌ dining/sun shade
- ┌ poles, ropes, stakes for shade
- ┌ rug(s)
- ┌ broom & dustpan

Campsite

- ┌ duct tape
- ┌ transport/storage boxes
- ┌ camp chair(s)*
- ┌ folding table
- ┌ sleeping bag*
- ┌ extra blankets
- ┌ cot or air mattress & pump
- ┌ pillow(s)
- ┌ trash containers and bags (*you will need to pack out your trash!*)*
- ┌ rope for lanterns/banners
- ┌ banners/flags

Lighting

- ┌ flashlight(s)*
- ┌ lantern(s)
- ┌ chem lights/glow sticks
- ┌ candles
- ┌ batteries
- ┌ tiki torches & fuel
- ┌ matches or firestarter

Kitchen

- ┌ food for meals
- ┌ snacks*
- ┌ cooler
- ┌ ice
- ┌ waterbottles/waterjug*
- ┌ paper/utility towels
- ┌ bio-friendly dish soap
- ┌ scrubber sponge/steel wool
- ┌ dutch oven, pots, pans, skillet, griddle
- ┌ tripod, grill, spit, oven

- ┌ corkscrew
- ┌ can opener
- ┌ spices, herbs, sweeteners, condiments
- ┌ tea, coffee, powdered drink mixes
- ┌ alcohol for personal consumption
- ┌ non-breakable beverage container
- ┌ aluminum foil
- ┌ potholders
- ┌ mixing spoons, forks, tongs
- ┌ hotdog/marshmallow skewers
- ┌ quart and gallon ziplock bags
- ┌ paper plates (*burning paper refuse is a good way to dispose of trash*)
- ┌ bowls
- ┌ personal utensils (knife, fork, spoon)
- ┌ drink cups

Grooming

- ┌ packaged wipes
- ┌ biodegradable soap*
- ┌ shampoo, conditioner
- ┌ toothbrush and paste*
- ┌ towels & washcloths*
- ┌ extra towel
- ┌ toilet paper
- ┌ hairbrush/ comb
- ┌ mirror
- ┌ feminine hygiene products
- ┌ baby care products
- ┌ shaving kit
- ┌ contact lenses and solution
- ┌ glasses
- ┌ hair ties
- ┌ lip balm
- ┌ deodorant
- ┌ powder (foot and body)
- ┌ hand lotion
- ┌ bug spray*
- ┌ sunblock, sunburn lotion*

Clothing

many festivals are clothing optional

- ┌ dirty clothes bag
- ┌ rain poncho or tunic
- ┌ shoes, sandals, boots
- ┌ sun hat
- ┌ sarongs/kilts

- ┌ cloaks/robes
- ┌ jeans/work pants
- ┌ sweatshirt, jacket, or hoodie
- ┌ layered clothing options
- ┌ extra socks
- ┌ extra clothes in waterproof container
- ┌ swimsuit

Personal Use

- ┌ earplugs
- ┌ belt pouch
- ┌ wallet with ID*
- ┌ phone card
- ┌ cash or bank card*
- ┌ spare keys
- ┌ pen and paper
- ┌ flashlight or headlamp
- ┌ battery powered fan
- ┌ sunglasses
- ┌ prescription medication
- ┌ allergy/hay fever medications
- ┌ vitamins
- ┌ intestinal medications
- ┌ ibuprofen
- ┌ first aid kit
- ┌ site pre-registration*
- ┌ proof of membership
- ┌ maps/directions*

Extras

- ┌ clock or watch
- ┌ cell phone
- ┌ spare batteries
- ┌ books/journals
- ┌ games, toys, cards
- ┌ instruments (drums, flutes, shakers, tambourines, guitars, etc.)
- ┌ CD/mp3 player
- ┌ fire performance gear (poi, staff, etc.)
- ┌ dance wear (zills, hipscarf, bells, etc.)
- ┌ ritual or magical supplies
- ┌ crafting supplies
- ┌ camera
- ┌ film

**these items are the "bare minimum" recommended for the retreat*